



**ESF-U4**

**INTERPERSONAL AND SOCIETAL COLLABORATION**



# 4.1 EMPATHY



## Be able to recognize personal and other people's emotions, to take over the perspective of another person, to share and manage in an effective way personal emotional state



Empathy has always been an important factor in teaching but, especially during the pandemic, due to the forced physical distance, we had to learn to be more empathetic and find a way to **connect emotionally** with pupils even at a distance.

Developing empathy



is crucial for establishing relationships and behaving compassionately;



helps to enhance and maintain the ability to walk other's shoes





## Find how to develop, improve and practice empathy.



Empathy, like all other soft skills, is not a skill that belongs to everyone, but can be acquired and improved with practice.

The key to empathy is conversation. During a conversation it is important to:



show **emotion**



try to **understand**



share an **observation**



offer an alternative **perspective**





## Why is important to develop and practice empathy In school



Making pupils feel understood and acting towards them as adults who care not only about their education but also about their state of mind can have considerable advantages.

- More classroom engagement
- Higher academic achievement
- Better communication skills
- Lower likelihood of bullying
- Less aggressive behaviours and emotional disorders
- More positive relationships





# 4.2 COMMUNICATION



## Be able to demonstrate communicative verbal skills dealing with students, colleagues, and local community (in the organization of sustainability through food education activities)



As mentioned in the previous unit, the best way to develop and practise empathy is through **communication**.

There are three types of communication: **verbal**, **non-verbal** and **paraverbal**. All three, to be effective, require two basic actions:



send clear, concise messages

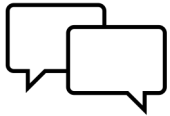


hear and correctly understand messages someone is sending to us





## The importance of communication at school



School is the place where communication and confrontation take place and the place where communication skills are defined and improved.

Communicating with students is a way of:



build relationships of trust



build solid relationships that go beyond the school sphere







# 4.3 TEAMWORK



## Be able to collaborate with others (colleagues, principal, external stakeholders, other stakeholders) in meeting the school objectives



Communication and empathy are two essential elements of team building.

Teamwork requires:



Collaboration in order to achieve goals



Providing constructive feedbacks



Ability to avoid personal conflicts





## Find out how to build a team



A cohesive team is based on human connections.  
Teamwork is selfless.

If you want to build a good team in your classroom, teach your student:



to **ask help** when you need and to **help other** when they need



to recognize their own **limits**



that “one plus one equals three”





## Teamwork is important for students' development and success



Teaching teamwork at school will enable students to improve their interpersonal and professional skills, enabling them to succeed both inside and outside the school environment.

 essential social skills development

 Self confidence improvement

 Bullying reduction





# 4.4 LEADERSHIP



# Be able to describe and understand the internal and external environments to build further collaborations and to build, maintain, and leverage key relationships inside and outside the school that will help objectives



What does it mean to be a good leader?



Put People First



Communicate: Early, Often and Clearly



Set a Clear Vision for the Future

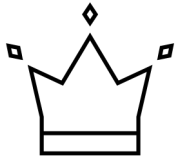


Develop Team Leaders and Players





## The importance of leadership within the school environment



Being a leader within the classroom will allow the teacher to create a relationship of trust with the students.

Show an Interest in students' Lives Outside of School

Have a Positive Attitude

Provide Structure

Teach With Enthusiasm and Passion

